



# OCTOBER NEWSLETTER



ALL CANSKATERS ARE INVITED TO WEAR THEIR HALLOWEEN COSTUMES TO THEIR SESSION ON OCT. 28 AND/OR OCT. 30. SKATERS WEARING A COSTUME MUST STILL BE ABLE TO WEAR THEIR HELMET AS WELL AS BE ABLE TO SKATE WITHOUT THEIR VISION BEING OBSTRUCTED.

## The Bottle Drive is Almost Here... October 6th 9:00-Noon

[Sign Up](#) on Sign Up Genius so we know you're coming  
Deliver your flyers  
Spread the word, Facebook, Twitter, Instagram & Snapchat  
Share with family & friends  
Offer to come collect on the day or provide drop off times before.  
Come to the Sungod Back Parking Lot on Saturday, Oct. 6<sup>th</sup> at 9:00am  
Don't forget to bring the bottles you have already collected  
Need more info: [SungodSkatingBottleDrive@gmail.com](mailto:SungodSkatingBottleDrive@gmail.com)



## FUNDRAISING

### Terry Fox Run– 2018

Thanks to the rain and a late start there aren't many pictures to share but the Sungod skaters did fantastic in the Terry Fox run. With the exception of one, the whole group ran the entire 5km and made it on to the ice and through an hour of dryland. The

club received a special thank you in the opening speeches as well as we had the largest group present. Skating Participants: Peyton Reid, Violet Iverson, Leila McManus, Julie Manner, Natalie Decario, and Kaylee Bennett.



### Save the Date:

- Oct 4– Sungod Parent Meeting 6:30-8:00
- Oct 6– Club Bottle Drive 9am-4pm
- Oct 14– Club Clothing Drive 9am-2pm
- Oct 19– Daytime ice time change
- Oct– 19-21– Autumn Leaves Competition
- Oct 26– **Halloween JSA/SSA & Up– PIZZA PARTY**
- Oct 28– Halloween @ Canskate
- Oct 30– Halloween @ Canskate
- Nov 4– Family Pub Night (120 Pub) 5pm
- Nov 6– Section Team Send Off
- Nov– 8-11– BC/YT Section Championship
- Nov 12– Magic Monday Seminar (no regular sessions– Extra Fees Apply)
- Nov 18– NO SKATING
- Nov 23-25– Jingle Blades Competition
- Nov 30– Photo Day/ PIZZA PARTY– JSA/SSA & Up
- Dec 2– Spa Night Fundraiser
- Dec 21– Holiday Skating Event 6:30-8:30
- Dec 22– Jan 6– Winter Vacation
- Dec 26– Jan 4– Holiday Ice
- Jan 7– First Day of the Winter Season
- Jan 18– WinterSkate Simulation (No INT/JR sessions– JSA @ 5:00-5:45)
- Feb 1-3– Winterskate Competition
- Feb 18– No daytime sessions





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## National Coaches Week!

September 22-30<sup>th</sup>, 2018 was National Coaches Week in Canada. To celebrate our dedicated coaching team at the Sungod Skating Club, our Members honoured each of them all week long! The coaches were greeted with treats, kindness, cards and gifts of appreciation from parents and skaters.

At Sungod, we appreciate our entire coaching team. From Kevin, our Director, all the way to our Program Assistants in Canskate, we are so thankful to have coaches who are committed to our Club, our program and to every skater who steps foot on the ice.

From our Sungod Family, thank you to all of our coaches!

### Lost & Found

There is an overflowing amount of items in our "Lost & Found" box. On Friday, Oct 5 - 3:30pm - 6:30pm and Sunday, Oct 7 - 11:00am - 1:30pm, we will have a table for all lost and found items. If you are missing anything, please come by and collect your items. Any items not picked up will become the property of Sungod Skating Club.

### Parent Meeting

October 4th, 6:30-8:00pm  
North Delta Evangelical Church  
11300 84 Ave, Delta, BC V4C 2L8  
All Parents Welcome \* JSA & Up

**Tuesday AM Open-Time Change**  
**6:30-8:00am @ Sungod Arena**  
Register on Uplifter and book Buy-on lessons with Kevin.

## FlipGive

This year we are using a service called FlipGive. We just shop online with popular brands like Lululemon, Walmart, Apple, Amazon, Under Armour, Sport Chek, Nike or buy eGift cards to restaurants and Sungod Skating Club will earn cash back!

To get started all you have to do is join the team and shop.

Remember to visit our team store before you shop online, eat out, or travel so that our Club will earn cash back. This is one of the easiest way to raise money for our club.

Join the team now by clicking on [https://www.flipgive.com/teams/join?fundraiser\\_name=Ronnie+Perkins&joincode=LTR4CE](https://www.flipgive.com/teams/join?fundraiser_name=Ronnie+Perkins&joincode=LTR4CE)



@sungodskatingclub



@SungodSkating



sungodsk8

### What is a... Spiral

An edge skated with the free leg extended at or above hip level. Spirals are a required element for ladies' and pairs competitions. A good spiral depends on edge control and speed across the ice, not necessarily leg position.

### AND THE WINNER IS...

## Manjeet Dhanda!

As an added thank you to our volunteers all your names are put into a draw each month for a chance to win a \$5 Cravings gift card.

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## Clothing Drive

We are having a **CLOTHING DRIVE** on Sunday, October 14, 2018 from 9am - 12pm in the Sungod Arena Upper Lobby Meeting Room.

We are partnering with Developmental Disabilities Association Cash4Clothes Program. This is an easy and simple way for us to raise money to support programs in our club.

Please put soft items and housewares in separate bags. \*\* The definition of a "bag" is any large (approx 36" X 26") black or green garbage bag or box equivalent \*\*



**SOFT ITEMS:** Clothing (in bags) Shoes, purses, accessories (hats, mittens, scarves) **Stuffed animals**, linens, bedding, towels, blankets Drapes, table linens, and sewing materials.

**HOUSEWARES:** Sporting gear, toys and games (in boxes) Small electronics (toasters, radios, blenders, tools etc) Small housewares (planter pots, ornaments, vases etc) Dishes, pots, pans, cutlery, glassware.

Thank you for your support!

## Canskate Program Assistances 2018:



Abbie Irwin, Caden Chen, Crystal Wong, Haley Urwin, Ikaika Miyata, Isabella Lai, Janet Badhesha, Jonathan Wu, Manheer Dhaliwal, Natalie Decario, Paige Scott, Pareena Sidhu, Sabrina Liou, & Tiffany Frenken.

## A BIG THANK YOU TO OUR SEPTEMBER VOLUNTEERS!

Belinda Ngor, Denise Reid, Biliana Dukanovic, Jasmine Lin, Karrie Irwin, Pomaika'I Miyata, Jen Howey, Li Chen, Michelle Hawthorne, Manjeet Dhandra, Pamela Decario, Nicole Okano, Michelle Boucher, Shirley Sun, Susana Frenken, Ron Lai, Winnie Cheng, Jackson Liou, Xiao Yan, Lanita Mesotopitis, Tammy Eyford, Cora Deane, Harman Sidhu, Kim Manner, Tabetta McManus, Danielle Williams, Brett Barden, Ronnie Perkins, Melissa Bencze.

Did you volunteer in SEPTEMBER and you don't see your name here? Please email [info@sungodskatingclub.com](mailto:info@sungodskatingclub.com)

## VOLUNTEER SPOTLIGHT

*Each month, the Sungod Skating Club will highlight a Club Volunteer and let you learn a little bit about them and why they love skating at Sungod!*

### SPOTLIGHT ON JACKSON LIOU

Jackson's family joined the Sungod Skating Club in June 2017. Jackson's two children skate with the club. His daughter Sabrina is 11 years old and his son Max is 3 years old. Sabrina loves to jump high and go fast. When asked what he likes most about the Sungod Skating Club, Jackson replied "Everyone is like a family and treats us as such. Also, all the coaches are all very professional and yet very approachable."

Jackson has volunteered in the past to help with club functions and whenever the club needs his help. When Jackson is not at the rink he can also be found watching movies on the weekend in the winter and camping & traveling in summer and spending as much time as he can with his family.

Thank you to Jackson for volunteering his time at the Sungod Skating Club.

Program Assistants are members of the Sungod Skating Club who help teach our younger skaters in the Pre-CanSkate & CanSkate programs. P.A.'s can be seen on our "Learn to Skate" sessions working with younger skaters under the direction of our professional coaches. To qualify to assist as a P.A. skaters must be at least 12 years old, and attended the orientation / training session. Program Assistants can receive community service hours towards their high school curriculum.