



# Return to Tilbury Arena SPRING 2021



**COVID-19**

## **PROTOCOL AND GUIDELINES**

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Sungod Skating Club

## RETURN TO PLAY FOR FIGURE SKATING GUIDELINES & SAFETY PLAN FOR TILBURY ARENA

Organization: SUNGOD SKATING CLUB

Date: March 20<sup>th</sup> 2021

Person Completing this document: Kevin Bursey, Director of Programs

### CLUB REPRESENTATIVES

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Covid-19 Communications Harman Sidhu, Club President: [president@sungodskatingclub.com](mailto:president@sungodskatingclub.com)

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Hana Haraga  
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### WEEKLY HOURS OF USAGE

DAY	ON ICE ( Ice Pad )	OFF ICE
Monday	1:00 – 8:30 pm	All off-ice classes to be conducted via virtually through Zoom. Please refer to attached Spring 2021 schedule.
Tuesday	6:15 – 7:30 am 1:00 – 8:30 pm	
Wednesday	1:00 – 3:15 pm	
Thursday	6:15 – 7:30 am 1:00 – 3:15 pm 6:35 – 9:20 pm	
Friday	1:00 – 8:30 pm	
Sunday	8:30 am – 6:45 pm	

Please refer to **Appendix 1:** Spring Schedule 2021 for full session details.

This plan has been produced in coordination with BC/YT Skate Canada Return to Play for Figure Skating Guidelines and the City of Deltas' Risk Assessment and Exposure Control Plan. The guidelines

provided by the City of Delta were updated as of Thursday 18<sup>th</sup> March 2021. **Please ensure to read full document for recent changes to protocols.**

## **SUNGOD SKATING CLUB**

### **Safety Protocol for Spring 2021 at Tilbury Arena**

Herewith is a proposed plan of actions and protocol for the Sungod Skating Club's Return to Play at the Tilbury Arena in Delta. This document has been produced with careful consideration towards the Skate Canada national governing bodies' *Return to Skating Guidelines*. As our organization has already used the Tilbury Facility during Covid-19 restrictions from June to August of 2020, we will be following the same protocols we used during that time, until directed by the Ministry of Health or the City of Delta to do otherwise. There have been a few changes to the protocol regarding entry procedures into the facility as well as the location of the Isolation Area in the building. **Please read fully.**

We have also taken the following steps to ensure our entire membership has had access to this information and fully understands its' context:

1. All protocol, regulations and requirements for return to play are published on our clubs' website.
2. This document has been distributed electronically to the entire membership.
3. Signed waivers from all members wishing to return, agreeing to abide by all regulations and new protocols for participation. You must sign a new waiver for the Spring season, even if you have done so in the past. The waiver will be relevant to the change in facilities and the amendments to this document.

### **ARRIVAL AT THE ICE RINK - ENTRY**

**Skaters must arrive on time and be lined up 15 minutes prior to the start of their on-ice session. There will be no exceptions to late arrivals.**

Skaters will be required to put their skates on in their cars in the parking lot or use the tented area at the east side of the arena prior to entering the building. The coaches will put their skates on in an allocated coaches dressing room with the door open and relevant social distancing measures in place.

There will be social distancing markers ( small cones previously set by coach/volunteer ) where skaters will be required to line up prior to entering the building. There will be markers on the ground set at **3 metres** apart, allowing one marker per skater. **Maximum number of people allowed in building, excluding facility workers will be:**

StarSkate Competitive Sessions: **17**

Academy Sessions: **27**

CANSKATE sessions: **27**

Skaters will pass through a check in point just outside the front east-side door of the arena where they will verbally check-in for the session, have their temperature taken with a touchless scanner ( operated by coaches ), **hand in their signed waiver** and then perform hand sanitization before immediately heading out to the ice surface. There will be no congregating in the front foyer as the space does not allow for physical distancing measures to be upheld with the amended restrictions numbers. For this reason, **late arrivals will not be permitted to enter the building once the session line-up has moved through to the ice surface**. All skaters will have pre-assigned numerical allocations for their spot at the side of the ice rink. These will be posted on the outside windows at the entrance to the arena.

No entry to the building will be permitted without the participant wearing a face mask. Face masks to be worn throughout the skaters time in the building.

Parents must wait until their skater has passed the check-in point and has been given the all clear before they can leave the vicinity of the ice rink. Parents will not be permitted past the entry doors into the facility. For younger skaters who will only be in the building for 45 minutes, parents are asked to remain in the parking lot during the time their child is in the building.

Parents must also leave a contact number where they can be reached during the time their skater is in the ice rink.

Once the last skater has entered the building, the entry door will be closed and locked.

## **OPEN DOORS**

The entrance door and exit doors will be opened and then closed by a member of the coaching staff before and after all entries and exits.

The door to the entrance of the ice rink will remain open during all entries and exits of the skaters and coaches. First coach through will open for skaters and hold open until all 13 skaters have entered the ice rink. Coach will use protective hand gear to open and close door.

The door to Dressing Room #1 where the designated washroom is located will remain open at all times during the clubs' usage of the facility.

All 4 entry doors to the actual ice pad, located in the hockey benches will be opened at the start of each session and then closed during the session by a member of the coaching staff. Upon end of session, coaches will also reopen these doors for skaters to exit ice pad. If a skater needs to come off the ice during a session for any reason, they must approach a coaching member to open the door from the ice pad for them.

These open and close door procedures will ensure that skaters and coaches contact with door handles is kept to a minimum throughout the clubs' time in the building.

## **ONCE INSIDE THE BUILDING**

Skaters will keep social distancing measures as they walk through the front foyer to the ice surface. **No stopping in the front foyer; proceed straight through to ice surface upon completion of check-in.** 1 coach will lead the line-up out to the ice and the other coach ( having finished the temperature scans ) will follow at the end of the line-up.

The door at the entrance to the rink will already be open to avoid skaters touching the door handles.

Skaters will have been assigned a number during the check-in process ( posted on outside front windows ) and skaters 1 – 6 will use the first hockey bench to place any personal items and their water bottle while skaters 7 – 13 will proceed down to the second hockey bench for the same purpose.

2 coaches will be located at their social distancing allocated spots ( one to the left of the music box and one to the right ) at the start of a session and 2 coaches will remain in the coaches dressing room until session starts. Coaches will wear face masks throughout their time in the ice rink. The wearing of face masks will be optional for the skaters during training times but all will be encouraged to wear face masks. Coaching duties will be delivered with all social distancing measures in place while out on the ice.

Any music playing will be assigned to only one coach during the entire day, whereby that coach will be responsible for the cleaning and sanitization of both the equipment and the area where the music is played. Should a shift change in coaching personnel occur during the day, the coach previously responsible for the music playing must do a full cleaning of the equipment and the area before the next coach starts their shift.

Coaches will have pre-marked the ice surface for appropriate distancing measures for allocated spots that a skater will stand at during any coaching instructions. These spots will be marked on the ice surface with bingo daubers and will be reapplied after each resurfacing/flood of the ice.

Should a skater require re-entering the hockey bench area during a training session, to rehydrate, use a tissue or adjust their equipment, there can only be no more than 2 skaters at a time in that area and they must complete any tasks here in their designated spot. A garbage receptacle will be placed in each hockey bench area and all tissues must be disposed of directly after use. No used tissues can be placed on the benches or the boards of the ice rink.

Skaters must keep moving out on the ice at all times during a session and can only be standing stationary while receiving coaching instructions at the designated coaching/pupil marked spots.

## **WASHROOM BREAKS**

Dressing Room 1 will be assigned as the designated washroom for all sessions. The door to this dressing room will remain open at all times to reduce physical touching of door handles.

No more than 1 skater at a time will be allowed to go to the washroom.

A container of disinfectant wipes will be set on the bench outside of the actual washroom door and skaters will be required to wipe the door to the washroom as they enter, then once in the washroom stall they will wipe the faucet handles and the flush handle to the toilet before use. Hand washing with soap in the sink will be required after the skater has used the facility and then they must dispose of their disinfectant wipe, using it one final time to open the door as they exit the washroom.

## **EXITING THE BUILDING**

At the end of any training session, skaters will exit the ice at their prior allocated hockey benches and will all put their skate guards on at the same time. Skaters in the first hockey bench ( skaters 1 – 6 ) will exit the building first, followed by the skaters in the second hockey bench ( skaters 7 – 13 ). As skaters pass the coaches at each box, they will be required to hand sanitize one final time and ensure all used tissues have been disposed of in the garbage receptacle provided.

Skaters must exit the building using the required **3 metre** distancing measures and must go directly out to their cars to take their skates off. No skater can stay within the building when their group has exited so please ensure pick-up times are adhered to.

Once the first group has left the building and exited away from the social distancing markers outside the arena, the second group can set up with the same protocol to enter the building for their session.

## **AFTER EACH SESSION**

Directly after the first group has left and before the second group has entered the coaches will do a cleaning of the benches and top of the boards using disinfectant based cleaning materials. A wipe down of the handles in the washrooms can also be conducted at this time.

## **EQUIPMENT AND MATERIALS DURING SESSIONS**

Hand sanitizers	Disposable gloves
Long handled trash picker	Face masks
Bleach based cleaner & cleaning utensils	Dry wipe boards ( coaches )
Disinfectant Wipes	Bingo daubers
Touchless temperature scanner	Floor Markers ( small pylons )
2 x Bluetooth head set microphones ( coaches )	Duct Tape to mark hockey benches

## **FIRST AID**

First Aid protocols will remain in place throughout all sessions with mandatory gloves to be carried on their person by all coaching staff. Face masks will be worn by all parties during any first aid treatment.

## **ISOLATION AREA**

There is a **new designated Isolation Area** allocated at the Tilbury Arena. This area will now be situated in the small spectators stand next to the ice pad, located at the far end, adjacent to the Zamboni entrance.

If a skater becomes ill, the skater and coach/trainer will immediately sanitize their hands and ensure they are wearing their face masks.

The skater will be taken to the Isolation Area, which has been identified as the spectators stands adjacent to the Zamboni entrance.

Parent will be approached out in the parking lot or contacted.

When parent arrives, the responsible adult ( coach/trainer ) will take the skater out of the facility to meet them at the front entrance to the building. Upon re-entering the building, the coach/trainer will dispose of gloves and face mask and hand sanitize again and then ensure a new mask and gloves are applied.

The coach/trainer will advise Facility staff of the ill skater to ensure that deep cleaning of the Isolation area can be conducted.

The coach/trainer will be required to identify where the skater sat on the bench and in the dressing room to ensure that these areas are cleaned.

The coach/trainer will be required to follow-up with Manager regarding COVID-19 status of the skater and follow the Illness Policy procedures and protocol.

Please refer to **Appendix 2: Illness Policy** for further details.